# Sesquiterpene Lactones from Cichorium intybus

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Two new sesquiterpene lactones (guaianolides), 15-hydroxytaraxacin (1) and 6,8,11-epi-desacetyl-matricarin (2), along with three known compounds, desacetyl-matricarin (3),  $11\beta$ ,13-dihydrolactucin (4), and  $11\beta$ ,13-dihydrolactucopicrin (5), were isolated from the aerial parts of *Cichorium intybus* L.

Key words: Cichorium intybus, Asteraceae, Sesquiterpene Lactones, 15-Hydroxytaraxacin, 6,8,11-epi-Desacetylmatricarin

## Introduction

Cichorium intybus L., a small to medium size perennial herb, belongs to the family Asteraceae and is known as Kasini in Urdu (Pakistan) and Chicory in English [1, 2]. Traditionally, the plant is used in the treatment of fever, vomiting, diarrhea, alexiferic, liver disorder, gout, and rheumatism [3]. Previously, anthocyanins [4], sesquiterpene lactones [5, 6], fructans [7], flavonoids [8], and coumarins [9, 10] have been reported from it. To search for new natural therapeutics, the aerial parts of C. intybus were investigated. Two new (1 and 2) and three known (3-5) sesquiterpene lactones (guainolides) were isolated and identified by spectroscopic data analyses as 15-hydroxytaraxacin (1), and 6,8,11-epi-desacetylmatricarin (2), desacetylmatricarin (3),  $11\beta$ , 13-dihydrolactucin (4), and  $11\beta$ , 13-dihydrolactucopicrin (5).

# **Results and Discussion**

Compound **1** was isolated as a yellow solid  $\{ [\alpha]_{\rm H}^{27} = -153 \ (c = 0.1, {\rm MeOH}) \}$ . The EI-MS exhibited an [M]<sup>+</sup> ion at m/z = 258, and its molecular formula,  $C_{15}H_{14}O_4$ , was established by HR-EI-MS (found m/z = 258.0896, calcd. 258.0892), which indicated eight degrees of unsaturation. The IR spectrum showed characteristic absorptions of hydroxyl (3383 cm<sup>-1</sup>),  $\gamma$ -lactone (1742), and  $\alpha,\beta$ -unsaturated carbonyl (1684 cm<sup>-1</sup>) functions. The absorption maxima at 350, 299, and

256 nm in the UV spectrum indicated extended conjugations. The  $^{13}$ C NMR spectrum displayed 15 resonances which were identified by a DEPT experiment as two methyl, two methylene, three methine, and eight quaternary carbons. The  $^{1}$ H NMR spectrum (Table 1) showed resonances for two tertiary vinyl methyl groups [ $\delta = 1.98$  (s,  $H_3$ -13) and 2.52 (s,  $H_3$ -14)], an oxy-methylene unit [ $\delta = 4.76$  (2H, d, J = 5.7 Hz,  $H_2$ -15)], a hydroxyl group [ $\delta = 1.83$  (t, J = 5.7 Hz, OH-15)], an oxy-methine moiety [ $\delta = 5.08$  (br. d, J = 5.08)

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No.	1 in CDCl <sub>3</sub>		2 in CD <sub>3</sub> OD		3 in CD <sub>3</sub> OD	
	$\delta_{\rm H}$ , mult. ( <i>J</i> in Hz)	$\delta_{\rm C}$ , mult.	$\delta_{\rm H}$ , mult. ( <i>J</i> in Hz)	$\delta_{\rm C}$ , mult.	$\delta_{\rm H}$ , mult. ( $J$ in Hz)	$\delta_{\rm C}$ , mult.
1	_	128.7, C	_	134.6, C	_	134.2, C
2	_	193.7, C	_	197.9, C	_	198.0, C
3	6.49, s	132.1, CH	6.14, s	136.0, CH	6.14, s	135.9, CH
4	_	163.3, C	_	173.4, C	_	173.5, C
5	_	140.9, C	3.62, d (10.0)	52.5, CH	3.59, d (10.0)	52.7, CH
6	6.46, s	111.2, CH	3.80, t (10.0)	82.9, CH	3.71, t (10.0)	83.1, CH
7	_	154.4, C	2.38, dt (12.0, 10.0)	60.7, CH	2.18, dt (12.0, 10.0)	62.6, CH
8	5.08, br. d (13.0)	76.8, CH	4.30, dt (2.5, 10.0)	76.1, CH	3.64, dt (2.0, 10.0)	70.1, CH
9	2.97, dd (16.5, 3.5)	41.3, CH <sub>2</sub>	2.87, dd (13.5, 2.5)	46.2, CH <sub>2</sub>	2.81, dd (13.5, 10.0)	49.6, CH <sub>2</sub>
	2.78, dd (16.5, 13.0)		2.82, dd (13.5, 10.0)		2.36, dd (13.5, 2.0)	
10	_	148.8, C	_	148.5, C	_	148.9, C
11	_	124.7, C	2.74, dq (12.0, 6.8)	42.1, CH	2.63, dq (12.0, 7.0)	42.3, CH
12	_	173.3, C	_	180.0, C	_	180.2, C
13	1.98, d (1.5)	8.9, CH <sub>3</sub>	1.42, d (6.8)	15.6, CH <sub>3</sub>	1.37, d (7.0)	15.8, CH <sub>3</sub>
14	2.52, s	22.2, CH <sub>3</sub>	2.41, s	21.5, CH <sub>3</sub>	2.40, s	21.8, CH <sub>3</sub>
15	4.76, d (5.7)	59.0, CH <sub>3</sub>	2.29, s	19.9, CH <sub>3</sub>	2.29, s	19.9, CH <sub>3</sub>
OH	1.83 ± (5.7)	_				

Table 1.  $^{1}$ H (500 MHz) and  $^{13}$ C NMR (100 MHz) spectroscopic data of compounds 1-3.

13.0 Hz, H-8)], a methylene unit [ $\delta$  = 2.97 (1H, dd, J = 16.5, 3.5 Hz, H-9a) and 2.78 (1H, dd, J = 16.5, 13.0 Hz, H-9b], and two olefinic methine protons [ $\delta$  = 6.49, (s, H-3) and 6.46 (s, H-6)]. In agreement with the <sup>1</sup>H NMR spectral data, the <sup>13</sup>C NMR spectrum (Table 1) showed resonances assigned to two tertiary methyl groups [ $\delta$  = 8.9 (CH<sub>3</sub>-13) and 22.2 (CH<sub>3</sub>-14)], two methylene units  $[\delta = 59.0 \text{ (CH}_2\text{-}15)]$  and 41.3 (CH<sub>2</sub>-9)], an oxy-methine carbon [ $\delta$  = 76.8 (CH-8)], four double bonds [ $\delta = 128.7$  (C-1), 132.1 (CH-3), 163.3 (C-4), 140.9 (C-5), 111.2 (CH-6), 154.4 (C-7), 148.8 (C-10), and 124.7 (C-11)], a conjugated carbonyl carbon [ $\delta$  = 193.7 (C-2)], and a conjugated ester carbonyl carbon atom [ $\delta$  = 173.3 (C-12)]. Key HMBC correlations (Fig. 1) were observed between H-3 and C-1, C-4, H-6 and C-1, C-4, C-8, H<sub>3</sub>-13 and C-7, C-11, C-12, H<sub>3</sub>-14 and C-1, C-9, C-10, and H<sub>2</sub>-15 and C-4. The COSY spectrum showed long range correlations between H-3 and H<sub>2</sub>-15, H<sub>3</sub>-13 and H-6, H-8, and H<sub>3</sub>-14 and H<sub>2</sub>-9 in addition to vicinal correlations (Fig. 2). The <sup>1</sup>H and <sup>13</sup>C NMR chemical shift assignments of compound 1 (Table 1) are close to those of taraxacin (6) [11] with the exception that the hydroxymethyl resonances [ $\delta_{\rm C}$  = 59.0 (C-15),  $\delta_{\rm H}$  = 4.76 (2H, d, J = 5.7 Hz, H<sub>2</sub>-15), and 1.83 (1H, t, J = 5.7 Hz, OH-15)] in 1 have replaced the methyl group resonances in taraxacin. Moreover, the carbon resonances for C-4 and C-5 were assigned as  $\delta_{\rm C}$  = 163.3 and 140.9, respectively, through HMBC correlations (Fig. 1). They seem to be wrongly reported as  $\delta_{\rm C} = 143.7/143.4$  for C-4 and  $\delta_{\rm C}$  = 161.5/160.6 for C-5 in taraxacin and related compounds [11]. The <sup>1</sup>H and <sup>13</sup>C NMR chemical shifts of

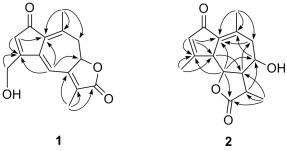


Fig. 1. Key HMBC interactions of 1 and 2.

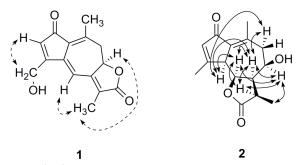


Fig. 2. <sup>1</sup>H-<sup>1</sup>H long range interactions of **1** and key NOESY correlations of **2**.

CH-8 and CH<sub>2</sub>-9, the coupling constants of H-8, H-9a and H-9b, as well as the negative optical rotation were found to be similar to those of taraxacin [11], which consequently supported an R configuration at C-8 as in taraxacin. Finally, the structure of  $\mathbf{1}$  was established as 15-hydroxytaraxacin.

Compound 2 was obtained as a colorless crystalline solid. The molecular formula,  $C_{15}H_{18}O_4$ , was deter-

mined by HR-EI-MS (found m/z = 262.1204 [M]<sup>+</sup>, calcd. 262.1205). The IR spectrum showed hydroxyl (3529 cm<sup>-1</sup>), lactone carbonyl (1761 cm<sup>-1</sup>) and  $\alpha,\beta$ unsaturated ketone (1682 cm<sup>-1</sup>) functions. The <sup>13</sup>C NMR spectrum of 2 displayed 15 characteristic resonances of a sesquiterpene, which were resolved by DEPT NMR experiment as three methyl, a methylene, six methine, and five quaternary carbons. The <sup>1</sup>H NMR spectrum (Table 1) showed resonances for two vinyl tertiary methyl groups  $[\delta = 2.41 \text{ (s, H}_3-$ 14) and 2.29 (s,  $H_3$ -15)], a secondary methyl group  $[\delta = 1.42 \text{ (d, } J = 6.8 \text{ Hz, H}_3-13)], \text{ an olefinic me}$ thine proton [ $\delta$  = 6.14, (s, H-3), and two oxy-methine protons [ $\delta$  = 3.80 (t, J = 10.0 Hz, H-6) and 4.30 (dt, J = 10.0, 2.5 Hz, H-8], in addition to resonances in the aliphatic region for three methine protons and a methylene group. The <sup>13</sup>C NMR spectrum (Table 1) showed characteristic resonances of a conjugated carbonyl carbon [ $\delta$  = 197.9 (C-2)], an ester carbonyl carbon of a lactone [ $\delta$  = 180.0 (C-12)], two double bonds  $\delta = 134.6 \text{ (C-1)}, 136.0 \text{ (CH-3)}, 173.4 \text{ (C-4)}, \text{ and } 148.5$ (C-10)], two oxy-methine units [ $\delta$  = 82.9 (CH-6) and 76.1 (CH-8)], three methyl groups [ $\delta$  = 15.6 (CH<sub>3</sub>-13), 21.5 (CH<sub>3</sub>-14), and 19.9 (CH<sub>3</sub>-15)], a methylene unit  $[\delta = 46.2 \text{ (CH}_2-9)]$ , and three methine carbon atoms  $[\delta = 52.5 \text{ (CH-5)}, 60.7 \text{ (CH-7)}, \text{ and } 42.1 \text{ (CH-11)}].$ The <sup>1</sup>H and <sup>13</sup>C NMR chemical shifts were assigned based on COSY, HMQC, and HMBC spectra (Fig. 1). Compound 2 and desacetylmatricarin (3) [12] exhibit the same planar structure and similar <sup>1</sup>H NMR spectral data. However, the NOESY spectrum of 2 did not support the stereochemistry of desacetylmatricarin (3) [12]. The NOESY interactions between H-5 and H-6, H-7, H-9a, H-6 and H-5, H-7, H-8, H-11, H-7 and H-5, H-6, H-8, H-9a, H-11, and H-8 and H-6, H-7, H-11, H<sub>3</sub>-15 in **2** (Fig. 2) imply that the protons at all stereogenic centers were oriented in the same plane. The carbon resonance of C-8 was shifted about 6 ppm downfield in 2 compared to the one in desacetylmatricarin (3) (Table 1) [12] suggesting an  $\alpha$ -orientation of H-8 in 2 rather than a  $\beta$ -orientation in 3. The protons at other chiral carbons were according assigned to be  $\alpha$ oriented. In summary, the structure of 2 was elucidated as 6,8,11-*epi*-desacetylmatricarin.

The known compounds were identified as  $11\beta$ , 13-dihydrolactucin [13],  $11\beta$ ,13-dihydrolactucopicrin [14], and desacetylmatricarin [12] *via* comparison of their spectral data with those reported earlier.

The isolated compounds were evaluated for antiproliferative effects against two tumor cell lines, PC-3

(prostate cancer cell), and Hela (cervical cancer cell) using the MTT assay [15, 16] and were found to be inactive (IC<sub>50</sub> > 30  $\mu$ M) in contrast to doxorubicin (IC<sub>50</sub> = 0.912  $\pm$  0.12  $\mu$ M).

## **Experimental Section**

General

Column chromatography (CC) and vacuum liquid chromatography (VLC) were performed on silica gel (70–230 mesh, E. Merck). Thick layer chromatography was performed on pre-coated silica gel GF $_{254}$  preparative plates (20  $\times$  20, 0.5 mm, E. Merck). NMR spectra were recorded on Bruker AM-300, AM-400, and AMX-500 spectrometers. UV and IR spectra were recorded on Hitachi U-3200 and Shimadzu FTIR-8900 spectrometers. Optical rotations were measured on a Glan-Taylor Prism instrument. El-MS and HR-EI-MS were obtained on Finnigan MAT-112 and MAT-113 spectrometers.

#### Plant material

The plant material was collected from Gilgit, Pakistan in July, 2007 and identified by the taxonomist at the Department of Botany, University of Karachi, where a voucher specimen (No. 1036, general herbarium # 71320) was deposited.

## Extraction and isolation

The powder of shade-dried aerial parts of Cichorium intybus (9.5 kg) was soaked in 95 % EtOH (30 L) for 7 d. The solvent was evaporated under reduced pressure. The extract (418 g) was suspended in dist. H<sub>2</sub>O and extracted with hexanes, EtOAc, and n-BuOH, to yield hexanes- (190 g), EtOAc- (45 g), and n-BuOH- (132 g) soluble parts. The EtOAc extract was subjected to vacuum liquid chromatography (VLC) [silica gel (20 × 14 cm), hexanes-EtOAc (10 %, 20 %, 30 % ... 100 %, 1.0 L each), and EtOAc-MeOH (5 %, 10 %, 20 %, 30 %, 1.0 L each)] to obtain 14 fractions (1-14). Fractions 5 (1.8 g) and 6 (1.7 g) were subjected to column chromatography (CC) [silica gel (40 × 2 cm), hexanes-EtOAc (10 %, 20 %, 30 %.... 100 %, 100.0 mL each), and EtOAc-MeOH (5 %, 10 %, 20 %, 30 %, 100.0 mL each)] to obtain 5 (5A-5E) and 7 (6A-6F) fractions, respectively. Fraction 5A (eluted with hexanes-EtOAc, 2:8-0:1, 1.8 g) was subjected to preparative TLC (CHCl<sub>3</sub>-MeOH, 92:8) to yield 4 (20.7 mg). Compound 5 (28.3 mg) was purified by preparative TLC (CHCl3-MeOH, 92:8) from fraction 6B (eluted with hexanes-EtOAc, 75:25-70:30, 1.9 g). Fraction 7 (3.9 g) was subjected to CC [silica gel  $(36 \times 3 \text{ cm})$ , hexanes-EtOAc  $(10\%, 20\%, 30\% \dots 100\%,$ 100.0 mL each), and EtOAc-MeOH (5 %, 10 %, 20 %, 30 %, 100.0 mL each)] to get 6 fractions (7A-7F). Compound 2 (20.7 mg) were purified from Fr. 7C (eluted with EtOAC-MeOH, 9:1, 150.5 mg) by preparative TLC (CHCl<sub>3</sub>-MeOH, 86:14). The n-BuOH-soluble part was subjected to VLC over diion (30 × 4 cm) [dist. H<sub>2</sub>O (100, 1.0 L), (1:1, 1.0 L), (1:2, 1.0 L), and MeOH (100, 1.0 L)] to obtain 4 fractions (A-D). Fr. B (10.9 g) was subjected to CC [silica gel (36 × 3 cm), CH<sub>2</sub>Cl<sub>2</sub>-MeOH (1:0, 1:49, 1:19, 7:93, 1:9, 3:17, 1:4, 1:3, 6:13, and 3:2, 500 mL each)] to obtain 10 subfractions (B1-B10). Fr. B2 (eluted with CH<sub>2</sub>Cl<sub>2</sub>-MeOH, 1:0, 1.7 g) was subjected to CC [silica gel (36 × 3 cm), CH<sub>2</sub>Cl<sub>2</sub>-MeOH, increasing order of polarity] to obtain compound 3 (19.7 mg) and compound 1 (12.4 mg).

# 15-Hydroxytaraxacin (1)

 $[\alpha]_{\rm D}^{27} = -153$  (c = 0.1, MeOH). – UV/Vis (MeOH):  $\lambda_{\rm max} = 350, 299, 256$  nm. – IR (KBr): v = 3383, 1742, 1684,

1635 cm<sup>-1</sup>. – <sup>1</sup>H and <sup>13</sup>C NMR spectral data: Table 1. – MS ((+)-EI): m/z (rel. int. %) = 258 (100), 240 (5), 229 (30), 215 (9), 201(18). – HRMS ((+)-EI): m/z = 258.0896 (calcd. 258.0892 for C<sub>15</sub>H<sub>14</sub>O<sub>4</sub>, [M]<sup>+</sup>).

## 6,8,11-Epi-desacetylmatricarin (2)

 $[\alpha]_D^{27} = +15.67$  (c = 0.5, MeOH). – UV (MeOH):  $\lambda_{\text{max}} = 256$  nm. – IR (KBr): v = 3529, 1761, 1682, 1612, 1232 cm<sup>-1</sup>. – <sup>1</sup>H and <sup>13</sup>C NMR spectral data: Table 1. – MS ((+)-EI): m/z (rel. int. %) = 262 (22), 244 (25), 216 (4), 198 (15), 171(36), 159. – HRMS ((+)-EI): m/z = 262.1204 (calcd. 262.1205 for  $C_{15}H_{18}O_4$ , [M]<sup>+</sup>).

# In vitro cytotoxicity assay

The cell growth inhibition effect of compounds was determined by using the MTT assay [15, 16].

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